

# COUNSELING & STUDENT AFFAIRS (CNS)

## **CNS 500 College and Career Readiness Foundations 3 Hours**

Overview of college and career readiness; roles and duties of college and career readiness helpers within the school system; and legal, ethical, standards-related issues and implications.

*Recent Term(s) Offered: summer 2018*

## **CNS 501 College and Career Consultation & Collaboration 3 Hours**

Consultation models, professional collaborations, and application of concepts and skills with an emphasis on college and career readiness within school macro and micro systems.

*Recent Term(s) Offered: fall 2017; fall 2018*

## **CNS 502 College and Career Program Development & Evaluation 3 Hours**

Program development and evaluation, with emphasis on P-16 college and career development and readiness.

*Recent Term(s) Offered: spring 2018*

## **CNS 503 Practicum in College and Career Readiness 3 Hours**

Supervised experiences in college and career readiness setting(s).

**Prerequisite(s):** CNS 500 and CNS 556

*Recent Term(s) Offered: None*

## **CNS 548 Principles and Practices 3 Hours**

Course participants will learn how to design and implement guidance, counseling, and career services at various schools levels, as well as best practices in facilitating and advancing student learning.

*Recent Term(s) Offered: None*

## **CNS 549 Counseling and Consultation 3 Hours**

This course is designed to prepare students to lead programs and employ consultation strategies in the development and implementation of data driven school counseling programs. Students will learn leadership and school-based consultation principles, theories, skills, and models necessary to enhance the learning environment. Emphasis is placed on the role of the school counselor as a systemic change agent.

*Recent Term(s) Offered: None*

## **CNS 550 Introduction to Counseling 3 Hours**

The history and overview of the counseling profession, current trends and settings for professional counselors. Professional roles and functions of school counselors are emphasized. Introduction to professional organizations, legal and ethical issues, and certification and licensure issues.

**Restriction(s):** Enrollment is limited to students in School Counseling (046)

*Recent Term(s) Offered: None*

## **CNS 551 Classroom Guidance 3 Hours**

Basic guidance concepts such as encouragement, communication, self-concept, discipline, and understanding students within the classroom setting will be presented with practical approaches in working with students.

*Recent Term(s) Offered: summer 2016; summer 2017; summer 2018*

## **CNS 552 Testing and Assessment in Counseling 3 Hours**

Methods, techniques, statistics, and instruments used in assessing and evaluating individuals, couples, families, and groups; administering, scoring and interpreting both objective and subjective instruments used in counseling. Survey of research design and statistics. Computer utilization in counseling and use of data in decision making.

**Restriction(s):** Enrollment is limited to students in Counseling (043), School Counseling (046), Standard Guidance - Rank I (048), Student Affairs in Higher Ed (145), Nursing (149) or Certification Only-Counseling (159)

*Recent Term(s) Offered: spring 2016; spring 2017; spring 2018*

## **CNS 553 Community Resources in Guidance and Counseling 3 Hours**

Surveys social agencies, both public and private, with which counselors and those in the helping field should be familiar. An analysis of the referral process and the utilization of these resources with the clientele with which one works.

*Recent Term(s) Offered: None*

## **CNS 554 Group Counseling 3 Hours**

Dynamics of group development. Group counseling theories, leadership styles, group counseling methods and skills. Interpersonal relationships in the family system and other small group settings. (Limited class size.)

**Restriction(s):** Enrollment is limited to students in Counseling (043), School Counseling (046), Standard Guidance - Rank I (048), Psychology (092), Student Affairs in Higher Ed (145), Social Work (157), Certification Only-Counseling (159) or Addiction Counseling/Education (218)

*Recent Term(s) Offered: spring 2016; spring 2017; spring 2018*

## **CNS 555 Social and Cultural Diversity in Counseling 3 Hours**

Philosophical, sociological, developmental, and emotional understanding of multicultural education and counseling as they relate to working with individuals in schools, universities, and other human service settings.

*Recent Term(s) Offered: fall 2016; fall 2017; fall 2018*

## **CNS 556 Developmental Career Counseling 3 Hours**

Integrates the career counseling process into the life span from early childhood through older adulthood. Career development theories; career assessment instruments; educational resources; placement; follow up and evaluation. Interrelationships among work, marital, family, and other life roles including multicultural and gender issues.

**Restriction(s):** Enrollment is limited to students in International Student Services (0415), Counseling (043), Career Counseling (0440), School Counseling (046), Standard Guidance - Rank I (048), Student Affairs in Higher Ed (145) or Certification Only-Counseling (159)

*Recent Term(s) Offered: summer 2016; fall 2016; summer 2017; summer 2018*

## **CNS 557 Human and Family Development in Counseling 3 Hours**

Understanding of the nature and needs of normal and abnormal individuals in the family system at all developmental levels emphasizing moral, intellectual and ethical development. Counseling strategies in the complex developmental relationships among individuals in the family system. Counseling in the life cycle of the family.

*Recent Term(s) Offered: spring 2016; fall 2016; spring 2017; fall 2017; spring 2018; fall 2018*

**CNS 558 Theories of Counseling 3 Hours**

Philosophic bases of the helping processes; major contemporary counseling theories and their application in individual and group counseling and in family systems counseling.

**Restriction(s):** Enrollment is limited to students in Counseling (043), School Counseling (046), Standard Guidance - Rank I (048), Student Affairs in Higher Ed (145) or Certification Only-Counseling (159)

*Recent Term(s) Offered: fall 2016; spring 2018*

**CNS 559 Techniques of Counseling 3 Hours**

Focus on the development of basic and advanced counseling skills and procedures. Refinement of the skills needed in providing counseling intervention.

**Restriction(s):** Enrollment is limited to students in Counseling (043), School Counseling (046), Standard Guidance - Rank I (048) or Certification Only-Counseling (159)

*Recent Term(s) Offered: spring 2016; spring 2017; fall 2017; fall 2018*

**CNS 560 Professional Studies in Clinical, Family and School Counseling 3 Hours**

Historical, philosophical, and societal dimensions of clinical mental health counseling; marriage, couple, and family counseling; and school counseling. Legal and ethical issues and professional identity in counseling.

*Recent Term(s) Offered: fall 2016; fall 2017; fall 2018*

**CNS 561 Counseling Children 3 Hours**

Theories and techniques of developmental counseling with children.

*Recent Term(s) Offered: None*

**CNS 562 Counseling Adolescents 3 Hours**

Theories and techniques of developmental counseling with the teenage population.

*Recent Term(s) Offered: summer 2016; summer 2017*

**CNS 567 Mental Health Diagnosis and Treatment in Counseling 3 Hours**

The identification, treatment plans and referral procedures for emotional concerns across the life span in the mental health counseling field. Principles of etiology, diagnosis, treatment planning and prevention of mental and emotional disorders and dysfunctional behavior.

**Restriction(s):** Enrollment is limited to students in Counseling (043), Standard Guidance - Rank I (048), Certification Only-Counseling (159) or Addiction Counseling/Education (218)

*Recent Term(s) Offered: spring 2016; spring 2017; spring 2018*

**CNS 568 Counseling Children and Adolescents 3 Hours**

Theories and techniques of developmental counseling with children and adolescents. Topics include: self-concept, social skills, values, moral development, multicultural awareness, child abuse, drug abuse, wellness, and sexual development.

*Recent Term(s) Offered: spring 2016; fall 2016; spring 2017; fall 2017; fall 2018*

**CNS 569 Play Therapy 3 Hours**

Provides an overview of the essential elements and principles of play therapy including history, theories, and techniques. Assists students in understanding the development, social, cognitive, and emotional issues that impact children's behavior. Note: Admission to or completion of approved program in a helping profession or instructor permission required.

*Recent Term(s) Offered: winter 2016*

**CNS 571 Introduction to Student Affairs in Higher Education 3 Hours**

History, philosophy, and development of student services. Includes testing and counseling, financial aids, housing, admissions and records, placement, etc.

*Recent Term(s) Offered: fall 2016; fall 2017; fall 2018*

**CNS 572 The College Student Experience 3 Hours**

Characteristics and attitudes of contemporary "traditional" and "non-traditional" college students will be examined. Major topics covered will include the impact of college environments on students, current issues and concerns, and implications for delivery of student services.

*Recent Term(s) Offered: summer 2016; summer 2017; fall 2017; spring 2018; summer 2018*

**CNS 574 Student Development in Higher Education 3 Hours**

This course will examine the developmental processes that impact college students. Major topics will include a discussion of various theoretical models, sociocultural foundations, developmental program designs, and assessment techniques and implications.

**Prerequisite(s):** CNS 571 (may be taken concurrently)

*Recent Term(s) Offered: summer 2016; summer 2017; summer 2018*

**CNS 577 Counseling Concepts and Applications for Student Affairs Professionals 3 Hours**

Basic counseling concepts and applications essential for effective student affairs practice.

**Restriction(s):** Enrollment is limited to students in Student Affairs in Higher Ed (145)

*Recent Term(s) Offered: spring 2016; spring 2017; spring 2018*

**CNS 579 Seminar in Student Affairs 3 Hours**

This research oriented, discussion course is designed to focus on current issues and practices in Student Affairs.

*Recent Term(s) Offered: summer 2017; fall 2018*

**CNS 581 International Students and Services in Higher Education 3 Hours**

Explores international students' needs and interests and global issues confronting higher education. Focuses on increasing student intercultural awareness as a foundation for student services (domestic and abroad) and study abroad.

*Recent Term(s) Offered: winter 2016; winter 2017; winter 2018*

**CNS 582 Sex Therapy Techniques in Counseling 3 Hours**

Counseling skills and intervention techniques for counselors in training who will be working with couples and individuals with a broad range of sexual concerns.

*Recent Term(s) Offered: summer 2016; summer 2017; spring 2018*

**CNS 583 Couples Counseling 3 Hours**

Knowledge, skills, and techniques of couples counseling.

*Recent Term(s) Offered: spring 2016; spring 2017; spring 2018*

**CNS 584 Counseling Violent and Dysfunctional Families 3 Hours**

Analysis of incidence and patterns of violence against children, adolescents, adults, and elders; motivational factors regarding perpetrator and victims. Counseling and helping strategies for working with family members and the abused victim in counseling and school settings.

*Recent Term(s) Offered: None*

**CNS 585 Leadership and Administration in Student Affairs 3 Hours**  
Applications of student affairs leadership theory, organizational theory, administrative policy development, planning and decision-making strategies, change management, and staff selection, training, supervision and evaluation will be examined.  
*Recent Term(s) Offered: spring 2016; spring 2017; spring 2018*

**CNS 586 Parenting Issues 3 Hours**  
Changing roles and responsibilities of parents, child-rearing practices, diverse parenting situations and decision-making about parenthood. Changing family system and effects of family system on parenting. Provide skills in working with parents and parenting issues for both educators and counselors.  
*Recent Term(s) Offered: fall 2016; fall 2017; fall 2018*

**CNS 587 Professional Mental Health Counseling Practice 3 Hours**  
Professional mental health counseling practice topics including and not limited to counseling supervision, advocacy, consultation, current research, and trends in mental health counseling.  
**Prerequisite(s):** CNS 560  
**Restriction(s):** Enrollment is limited to students in Counseling (043)  
*Recent Term(s) Offered: summer 2016; summer 2017*

**CNS 588 Family Systems Counseling 3 Hours**  
The historical development of systems theory will orient the student to theoretical content of human interactions. Students will be helped to think systemically about human issues by focusing on the systems paradigm. Skill development in family system counseling will be developed.  
*Recent Term(s) Offered: fall 2016; fall 2017; fall 2018*

**CNS 589 Group Dynamics in Student Affairs and Higher Education 3 Hours**  
Principles associated with the practice of group work in student affairs and higher education settings. Emphasis on group leadership. Course includes a planned group experience.  
**Prerequisite(s):** CNS 577 (may be taken concurrently) or permission of instructor  
*Recent Term(s) Offered: spring 2016; spring 2017; spring 2018*

**CNS 590 Practicum 3 Hours** (repeatable max of 6 hrs)  
Supervised experiences in a school, community college, or university setting. Note: Completion of the appropriate practice preparation sequence and departmental approval required. Note: Completion of the appropriate practice preparation sequence and departmental approval required.  
**Course Fee:** \$45  
*Recent Term(s) Offered: spring 2016; summer 2016; spring 2017; summer 2017; spring 2018*

**CNS 591 Clinical Mental Health/Marriage, Couple, and Family Counseling Practicum 3 Hours** (repeatable max of 6 hrs)  
Supervised experiences in a mental health or marriage and family therapy setting. Note: Completion of the appropriate practice preparation sequence and departmental approval required.  
**Restriction(s):** Enrollment is limited to students in Counseling (043)  
**Course Fee:** \$45  
*Recent Term(s) Offered: summer 2016; summer 2017; summer 2018*

**CNS 592 Crisis, Trauma and Violence Counseling 3 Hours**  
Theory and practice of crisis, trauma and violence counseling. Application of intervention and prevention strategies in individual, family and systemic crisis, violence, disaster, and trauma causing events.  
*Recent Term(s) Offered: summer 2016; summer 2017; summer 2018*

**CNS 593 Career Development in Student Affairs and Higher Education 3 Hours**  
Career development process throughout the lifespan, emphasis on implications for student affairs and higher education. Career development theories, career assessment instruments, professional resources, decision-making models, and factors inherent to the career development process; evolving economic, political, social and technological conditions.  
*Recent Term(s) Offered: summer 2016; summer 2017; summer 2018*

**CNS 594 Research Methods in Student Affairs 3 Hours**  
Fundamental concepts of research methodology, including both quantitative and qualitative research design as well as relevant statistical procedures and techniques. Emphasis on both evaluating and conducting research in the student affairs profession.  
*Recent Term(s) Offered: fall 2016; fall 2017; fall 2018*

**CNS 595 Testing Internship 3-6 Hours** (repeatable max of 12 hrs)  
Supervised experience in a school, community college, or university setting. Note: Completion of the appropriate practice preparation sequence and departmental approval required. Note: Completion of the appropriate practice preparation sequence and departmental approval required.  
**Course Fee:** \$5  
*Recent Term(s) Offered: spring 2016; summer 2016; fall 2016; spring 2017; summer 2017; fall 2017; winter 2018; spring 2018; summer 2018; fall 2018*

**CNS 596 Clinical Mental Health Counseling/Marriage, Couple, and Family Counseling Internship 3-9 Hours** (repeatable max of 9 hrs)  
Supervised experiences in a clinical mental health or marriage couple, and family counseling setting. Note: Completion of the appropriate practice preparation sequence and departmental approval required. Note: Completion of the appropriate practice preparation sequence and departmental approval required.  
**Restriction(s):** Enrollment is limited to students in Counseling (043)  
**Course Fee:** \$5  
*Recent Term(s) Offered: spring 2016; fall 2016; spring 2017; fall 2017; spring 2018; fall 2018*

**CNS 598 Research and Program Evaluation in Counseling 3 Hours**  
Research designs in counseling and student affairs. Statistical methods for needs assessment and program evaluation. Action research, evidence-based practice, ethical and cultural implications.  
**Restriction(s):** Enrollment is limited to students in Counseling (043), School Counseling (046) or Student Affairs in Higher Ed (145)  
*Recent Term(s) Offered: fall 2016; fall 2017; fall 2018*

**CNS 599 Thesis Research and Writing 3-6 Hours** (repeatable max of 6 hrs)  
Thesis research and writing directed by faculty committee.  
*Recent Term(s) Offered: None*

**CNS 603 Critical Issues and Strategies in Student Affairs and Higher Education 3 Hours**

Contemporary issues associated with student affairs and higher education.

**Prerequisite(s):** CNS 590

*Recent Term(s) Offered: spring 2016; spring 2017; spring 2018*

**CNS 604 Resource Management in Student Affairs and Higher Education 3 Hours**

Issues related to financial and enrollment management in colleges and universities, with emphasis on the effective and efficient use of financial and human resources in fulfilling institutional missions and strategic plans.

**Prerequisite(s):** CNS 585

*Recent Term(s) Offered: fall 2016; summer 2017; fall 2017; fall 2018*

**CNS 605 Social and Cultural Diversity in Higher Education 3 Hours**

Designed to examine the individual and organizational issues of social and cultural diversity in U.S. higher education and to focus on the development of the awareness, knowledge, and skills necessary to be a multiculturally competent student affairs/higher education practitioner.

**Prerequisite(s):** permission of instructor

*Recent Term(s) Offered: fall 2016; fall 2017; fall 2018*

**CNS 606 Family Counseling Techniques 3 Hours**

Supervised skills development in couples and family counseling. Includes assessment, evidence-based treatments, advanced clinical skills, and evaluating outcomes.

**Prerequisite(s):** CNS 588 and CNS 559

**Restriction(s):** Enrollment is limited to students in Counseling (043)

*Recent Term(s) Offered: summer 2016; summer 2017*

**CNS 610 Assessment and Accountability in Student Affairs and Higher Education 3 Hours**

Fundamental concepts of comprehensive assessment in student affairs and higher education. Emphasis on program or service assessment and related budget considerations.

*Recent Term(s) Offered: spring 2016; spring 2017; spring 2018*

**CNS 611 Advanced Play Therapy 3 Hours**

In-depth study of advanced principles of play therapy theories and techniques. Application of advanced knowledge of developmental, social, cognitive, and emotional issues that impact children's behavior.

**Prerequisite(s):** CNS 569 or permission of instructor

**Restriction(s):** Enrollment is limited to students in Counseling (043), Psychology (092) or Social Work (157)

*Recent Term(s) Offered: None*

**CNS 612 Expressive Arts Techniques in Counseling 3 Hours**

Introduction to a variety of expressive arts interventions such as art, drawing, drama, music, and poetry in counseling. Provides overview of history, theory, and interventions across the lifespan.

**Restriction(s):** Enrollment is limited to students in Counseling (043), Psychology (092) or Social Work (157)

*Recent Term(s) Offered: summer 2016*

**CNS 613 Sandtray Techniques in Counseling 3 Hours**

Introduction to principles of sandtray technique. Provides overview of history, theory, and interventions across the lifespan.

**Restriction(s):** Enrollment is limited to students in Counseling (043), Psychology (092) or Social Work (157)

*Recent Term(s) Offered: None*

**CNS 637 Theories of Addictions 3 Hours**

This course involves introduction to theoretical, philosophical and historical premises of addictions. Topics include professional ethics, diversity, family roles and relationships, and dual diagnosis. Note: Admission to or completion of approved graduate program in a helping profession required.

**Prerequisite(s):** permission of instructor

**Equivalent(s):** PSY 637, SWRK 637

*Recent Term(s) Offered: summer 2016; summer 2017; fall 2017; fall 2018*

**CNS 647 Addictions: Assessment, Diagnosis and Treatment Planning 3 Hours**

This course involves the selection, administration, and interpretation of assessment methods and techniques used to diagnose addiction disorders, as well as the development of appropriate treatment plans and issues involved in treatment planning. Note: Admission to or completion of approved graduate program in a helping profession required.

**Prerequisite(s):** permission of instructor

**Equivalent(s):** PSY 647, SWRK 647

*Recent Term(s) Offered: spring 2018*

**CNS 651 Readings in Contemporary Counseling 3 Hours (repeatable max of 6 hrs)**

Significant books and research articles related to counseling theory, theory application, and innovative techniques.

*Recent Term(s) Offered: None*

**CNS 653 Brief Counseling 3 Hours**

Introduction to theoretical, philosophical, and historical premises of brief counseling. Topics include professional ethics, diversity, application to various clinical populations, and utilizations of best practices that meet the changing state of mental health care. Note: Admission to or completion of approved graduate program in a helping profession required.

**Prerequisite(s):** permission of instructor

*Recent Term(s) Offered: winter 2016*

**CNS 654 Educational and Intellectual Analysis of Children and Adults 3 Hours**

Administration and interpretation of standard mental and aptitude tests as tools of educational and occupational guidance.

*Recent Term(s) Offered: None*

**CNS 655 Advanced Appraisal of Children 3 Hours**

Continuation of CNS 654 designed to increase administration-interpretation skills in individual appraisal process.

**Prerequisite(s):** (CNS 552 or equivalent) and (CNS 654 or equivalent)

*Recent Term(s) Offered: None*

**CNS 658 Seminar in Guidance and Counseling 3 Hours (repeatable max of 6 hrs)**

Presentation and discussion of research in guidance and counseling. Emphasizes theoretical and practical criticism of relevant studies in the field.

*Recent Term(s) Offered: summer 2016; summer 2017; fall 2017; summer 2018; fall 2018*

**CNS 660 Organization and Administration of Guidance Services 3 Hours**

Administration of human services in counseling including justification of services, staffing, facilities, budget, etc.

*Recent Term(s) Offered: spring 2016; summer 2016; fall 2016; spring 2017; summer 2017; spring 2018; summer 2018*



**CNS 666 Legal and Ethical Issues in Counseling 3 Hours**

Course provides opportunities for mental health providers to make decisions of an ethical nature about people and deal with possible legal actions that result.

*Recent Term(s) Offered: spring 2016; summer 2016; fall 2016; spring 2017; summer 2017; fall 2017; summer 2018; fall 2018*

**CNS 667 Counseling Substance Abusers and Their Families 3 Hours**

Counseling issues related to substance abuse diagnosis, treatment and aftercare program.

*Recent Term(s) Offered: summer 2018*

**CNS 669 Special Topics in Counseling and Guidance 1-3 Hours**

(repeatable max of 6 hrs)

No course description is available.

*Recent Term(s) Offered: winter 2016; summer 2016; summer 2017; spring 2018*

**CNS 670 Parameters of Law in Student Affairs and Higher Education 3 Hours**

Survey of legal issues, cases and concepts; the responsibilities of student affairs administrators to act within the law; and the rights of faculty, staff and students in higher education.

*Recent Term(s) Offered: fall 2016; fall 2017; fall 2018*

**CNS 675 Advanced Career Counseling and Services Administration 3 Hours**

Examines advanced career counseling topics, process and procedure in the context of the design and delivery of career counseling services to individuals across the lifespan. Focuses on increasing student understanding of counseling techniques, programming, administration, systems and resources for the provision of student/client career service.

**Prerequisite(s):** CNS 556

*Recent Term(s) Offered: summer 2016; summer 2017; spring 2018; summer 2018; fall 2018*

**CNS 677 Eating Disorders in Counseling 3 Hours**

Etiology, assessment, and diagnosis of eating disorders which will include anorexia nervosa, bulimia nervosa, binge eating disorder, and avoidant/restrictive food intake disorder. Existing treatment options and preventative measures will also be examined.

*Recent Term(s) Offered: winter 2018; summer 2018*

**CNS 678 College Teaching Internship 1-3 Hours (repeatable max of 6 hrs)**

Methods of teaching counseling material at the college level. Emphasis will be placed on teaching strategies and teaching at the college level. Students enrolled in the course will concurrently teach an undergraduate level course.

**Prerequisite(s):** permission of instructor

*Recent Term(s) Offered: None*

**CNS 699 Specialist Project 1-6 Hours (repeatable max of 6 hrs)**

Specialist project research and writing directed by faculty committee.

*Recent Term(s) Offered: None*

**CNS 700 Maintaining Matriculation 1-6 Hours**

Continued enrollment for specialist project completion.

*Recent Term(s) Offered: None*

**CNS 710 Leadership in Stress Management 3 Hours**

Examines the meaning of stress, its effects on the individual and the organization, how it manifests itself, and strategies for its management. Explores the organizational demands that contribute to stress and addresses how leaders in organizations can help provide preventative stress management.

**Prerequisite(s):** permission of instructor

*Recent Term(s) Offered: winter 2016; summer 2016; winter 2017; summer 2017*