

RECREATION (REC)

REC 200 Recreation in Society 3 Hours

Introduces the student to recreation, parks and leisure history, philosophical concepts, and trends with attention to recreation sectors and employment opportunities. **Colonnade/Statewide General Education Code E-SB | SB**

Recent Term(s) Offered: spring 2021; fall 2021; spring 2022; fall 2022; fall 2023

REC 220 Understanding the Nonprofit Sector 3 Hours

Survey of nonprofit organizations emphasizing: history, ethics, personnel and volunteer management, human development, program development, risk management, customer service, and career development.

Recent Term(s) Offered: winter 2021; fall 2021; fall 2022; fall 2023

REC 222 Recreation Activity Facilitation 3 Hours

Materials and techniques for planning, implementing, leading, and evaluating recreation activities for groups of various sizes, ages, and abilities in a variety of social recreation and leisure settings.

Recent Term(s) Offered: None

REC 235 Outdoor Recreation Activities 3 Hours

To acquaint the student with basic outdoor recreation activities and related environmental practices. A variety of outdoor experiences are conducted in classroom and laboratory settings. Environmental values and impact considerations of outdoor experiences are emphasized throughout the course.

Course Fee: \$20

Recent Term(s) Offered: spring 2021; spring 2022; spring 2023

REC 302 Recreation Leadership 3 Hours

Leadership in recreation with emphasis placed on history, theory, decision-making, group management, communication and motivation. Course will facilitate leadership experiences.

Recent Term(s) Offered: spring 2021; fall 2021; spring 2022; fall 2022; fall 2023

REC 304 Technology in Evaluation 3 Hours

Utilization of technology and computer software to assist with creating instruments, analyzing data, and reporting results from recreation needs assessments and program evaluation.

Recent Term(s) Offered: None

REC 306 Experience Planning and Evaluation 3 Hours

Methodologies, skills and materials needed for designing, planning, implementing and evaluating meaningful experiences and programs for diverse populations in multiple settings. Includes the application of concepts and theories and an exploration of recreation and experience industry trends.

Recent Term(s) Offered: spring 2021; fall 2021; spring 2022; fall 2022; spring 2023

REC 320 Professional Development in Recreation 3 Hours

Career development, current problems, trends and issues in recreation services.

Prerequisite(s): REC 200

Recent Term(s) Offered: fall 2021; fall 2022; fall 2023

REC 326 Church Recreation 3 Hours

Recreation programming in religious organizations with emphasis placed on recreation delivery systems, event scheduling, interest and talent surveys, church facilities and church recreation committees.

Recent Term(s) Offered: None

REC 328 Inclusive Recreation 3 Hours

Application of outcome-based recreational experience development, which embraces personal and cultural dimensions of diversity. Emphasis on facilitating programs for individuals who have differing physical and mental abilities, ages, genders, ethnicities, and cultural values.

Recent Term(s) Offered: spring 2021; spring 2022; spring 2023

REC 330 Foundations of Outdoor Recreation 3 Hours

Outdoor recreation programming and resources including relevant history, philosophy, legislation, geographic factors, land use, standards, agencies and economics. **Colonnade/Statewide General Education Code K-SY**
Prerequisite(s): 21 hours of Foundations and Explorations Courses, or junior status

Recent Term(s) Offered: spring 2021; spring 2022; spring 2023

REC 332 Outdoor Education 3 Hours

Overview of outdoor education concepts including the utilization of natural environments and resources and techniques to facilitate learning experiences. Students are responsible for their own transportation to off-campus meetings.

Recent Term(s) Offered: spring 2022

REC 335 Outdoor Skills-Land 3 Hours

Skill development in outdoor recreation land-based activities (camping, land navigation and backpacking) and related environmental practices. Overnight field trips required. Students are responsible for their own transportation to off-campus meetings. University transportation provided when possible.

Course Fee: \$150

Recent Term(s) Offered: None

REC 337 Outdoor Skills-Water 3 Hours

Skill development in outdoor recreation water-based activities (canoeing and kayaking) and related environmental practices. Focuses on outdoor leadership development. Overnight, multi-day camping required. Students are responsible for their own transportation to off-campus meetings. University transportation provided when possible.

Course Fee: \$180

Recent Term(s) Offered: None

REC 338 Parks, Recreation, and Quality of Life 3 Hours

An interdisciplinary approach to studying the relationship between access to parks and other natural environments, recreation, and quality of life. Investigates issues of responsibility, conservation, wellness, and social equity in a variety of local and global contexts. Students may be responsible for travel to off-campus locations. **Colonnade/Statewide General Education Code K-LG**

Prerequisite(s): 21 hours of Foundations and Explorations Courses, or junior status

Recent Term(s) Offered: winter 2021; spring 2021; summer 2021; fall 2021; winter 2022; spring 2022; summer 2022; fall 2022; winter 2023; spring 2023; summer 2023; fall 2023

REC 402 Fiscal Practices in Recreation 3 Hours

Financial principles and practices relevant in recreation settings. Topics include economic principles, financial management and organization, income sources, fundraising, pricing and budgeting.

Recent Term(s) Offered: spring 2021; spring 2022; spring 2023

REC 404 Recreation Facility Management 3 Hours

A practical orientation to management for a variety of recreation facilities.

Recent Term(s) Offered: None

REC 406 Recreation Administration 3 Hours

Recreation administration with emphasis on personnel, planning, facilities, legal issues and public relations.

Recent Term(s) Offered: fall 2021; fall 2022; fall 2023

REC 420 Recreation and Tourism 3 Hours

A focused examination of recreation and tourism with particular attention to business principles, trends, and job opportunities. The relationships between recreation, events, and tourism serves as a key framework.

Colonnade/Statewide General Education Code K-SY

Recent Term(s) Offered: summer 2021; fall 2021; winter 2022; summer 2022; fall 2022; winter 2023; summer 2023; fall 2023

REC 422 Campus Recreation 3 Hours

Campus recreation administration with emphasis on facility management and program delivery formats including recreational sports, fitness, wellness, outdoor adventure and university center programs. Field experience is required.

Recent Term(s) Offered: spring 2021

REC 424 Camp and Retreat Center Administration 3 Hours

Organization and administration of camp and retreat center programs and facilities including history, trends, staffing, client needs, finance, marketing, and legal issues.

Recent Term(s) Offered: None

REC 426 Facility Planning and Design 3 Hours

Facility planning and design process with emphasis on the unique features of many different areas and types of facilities. Field experiences required. Students are responsible for their own transportation to off campus meetings. University transportation provided when possible.

Recent Term(s) Offered: winter 2021; winter 2022

REC 428 Community Centers and Playgrounds 3 Hours

An intensive investigation of playground and community center operations.

Recent Term(s) Offered: None

REC 430 Recreation Resource Management 3 Hours

Multi-use natural resource management concepts, issues in resource management and the synthesis of concepts, and practical knowledge into real and simulated applications of land use and environmental problems related to the leisure service industry. Field trips required. Students are responsible for their own transportation to off-campus meetings. University transportation provided when possible.

Recent Term(s) Offered: spring 2021; fall 2023

REC 434 Interpreting America's National Parks 3 Hours

Explores interpretive approaches to natural, cultural, and historical resources in national parks and other leisure settings. Emphasizes evolution of the national park system. Students are responsible for their own transportation to off-campus meetings. **Colonnade/Statewide General Education Code K-SY**

Prerequisite(s): 21 hours of Foundations and Explorations Courses, or junior status

Recent Term(s) Offered: summer 2021; fall 2021; summer 2022; spring 2023

REC 435 Outdoor Experience Planning 3 Hours

Principles and techniques for planning, designing, implementing and evaluating outdoor trips and experiences. Students are responsible for providing their own transportation to off-campus meetings.

Recent Term(s) Offered: None

REC 437 Outdoor Leadership Expedition 3 Hours

Outdoor Leadership capstone course involving a backcountry expedition, leadership development and teaching techniques. Successful students will receive the Wilderness Education Association Outdoor Leader Certification. Overnight extended field trips required. Students are responsible for their own transportation to off-campus meetings. University transportation provided when possible.

Prerequisite(s): REC 435 (may be taken concurrently) and REC 335 and REC 337

Course Fee: \$500

Recent Term(s) Offered: None

REC 439 Challenge Course Facilitation 3 Hours

Understanding and applying experiential education theory in individual and group settings. Focus is on designing and facilitating safe and effective low and high challenge course experiences that incorporate personal growth, critical reflection, and skills in problem-solving, decision-making, and team building. Recommended industry standards are followed. Field experience required. Students are responsible for their own transportation to off campus meetings.

Restriction(s): Students with a semester level of Academy Junior, Academy Senior, Freshman or Sophomore may **not** enroll.

Course Fee: \$30

Recent Term(s) Offered: fall 2021

REC 460 Grant Writing for Nonprofit Organizations 3 Hours

Thorough investigation of the grant writing process and the application of related skills. Includes how to research, identify, plan, organize, write and submit grants.

Prerequisite(s): ENG 300

Recent Term(s) Offered: spring 2021; spring 2022; spring 2023

REC 480 Travel-Based Learning in Recreation and Tourism 1-3 Hours (repeatable max of 9 hrs)

Experiential exploration of recreation and tourism topics taught in a travel-based learning environment (international or domestic location). *Recent Term(s) Offered: fall 2021; fall 2022; fall 2023*

REC 482 Recreation Workshop 1-3 Hours (repeatable max of 9 hrs)

A study of special areas relating to the recreational profession. May be experimental in nature or may follow a traditional class format. Field experiences and/or study at extended campus locations are usually required.

Recent Term(s) Offered: fall 2021; fall 2022

REC 484 Advanced Studies in Recreation 3 Hours

Specific and detailed analysis of issues in recreation. Incorporates individualized instruction between student and faculty.

Recent Term(s) Offered: spring 2022; spring 2023

REC 490 Internship in Recreation 3-12 Hours (repeatable max of 15 hrs)

Experience in recreation planning, leadership, supervision, and program evaluation through work in recreation, park, and other leisure oriented settings. This in-service experience is supervised and controlled by the University faculty members and personnel from area recreation agencies.

Prerequisite(s): REC 402 and REC 404 and REC 406

Restriction(s): Students with a semester level of Academy Junior, Academy Senior, Freshman or Sophomore may **not** enroll.

Recent Term(s) Offered: spring 2021; summer 2021; fall 2021; spring 2022; summer 2022; spring 2023; summer 2023

REC 493 Recreation Practicum 3 Hours (repeatable max of 6 hrs)

Cooperative field experiences in approved recreation settings where students obtain professional administrative and/or programming experience with agency and faculty supervision. This course may require off-campus travel. Repeatable up to 6 hours of credit.

Restriction(s): Students with a semester level of Academy Junior, Academy Senior, Freshman or Sophomore may **not** enroll.

Recent Term(s) Offered: spring 2021; summer 2021; fall 2021; spring 2022; summer 2022; fall 2022; spring 2023; fall 2023

REC 494 Nonprofit Administration Conference 1 Hour (repeatable max of 3 hrs)

Focuses on developing nonprofit professionals. Conference activities such as workshops, case studies, speakers, and a career fair facilitate networking with students and nonprofit executives. This course requires off-campus travel. Students are responsible for conference and travel costs.

Prerequisite(s): REC 220

Recent Term(s) Offered: None

REC 496 Nonprofit Internship 3-6 Hours (repeatable max of 6 hrs)

A cooperative field experience in an approved nonprofit setting where the student obtains pre-professional administrative and/or programming experience with agency and faculty supervision. This course requires off-campus travel. Note: 12 hours of minor coursework or instructor permission required

Recent Term(s) Offered: spring 2021; summer 2021; fall 2021; spring 2022; summer 2022; fall 2022; spring 2023; summer 2023