

# PHYSICAL EDUCATION, BACHELOR OF SCIENCE (587)

## Program Coordinator

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The major in Physical Education is designed to develop positive teaching skills in physical activity and to meet the need for qualified teachers in public/private schools, business settings, or community agencies. The major requires 79 semester hours for the Physical Education Teacher Education (PETE), 97 hours for the Physical Education Health Education concentration (PEHE), and 72 hours for the Physical Education Movement Studies concentration (PEMS), all of which lead to a Bachelor of Science in Physical Education.

Students who complete the professional education requirements with the PETE, and PEHE concentration, may be certified in the professional education program.

## Concentrations

- Teacher Education (TCHR)
- Movement Studies (PEMS)
- Physical Education Teacher Education/Health Education (PEHE)

## Program Requirements (78-97)

A baccalaureate degree requires a minimum of 120 unduplicated semester hours. More information can be found at [www.wku.edu/registrar/degree\\_certification.php](http://www.wku.edu/registrar/degree_certification.php). ([https://www.wku.edu/registrar/degree\\_certification.php](https://www.wku.edu/registrar/degree_certification.php))

Students who began WKU in the Fall 2014 and thereafter should review the Colonnade requirements located at: <https://www.wku.edu/colonnade/colonnaderequirements.php>. (<https://www.wku.edu/colonnade/colonnaderequirements.php>)

Code	Title	Hours
<b>Required Core Courses:</b>		
PE 111	Movement Themes and Concepts I	3
PE 123	Movement Themes and Concepts II	3
PE 211	Net / Wall and Target Sports	3
PE 212	Striking / Fielding and Invasion Sports	3
PE 300	Lifespan Leisure & Recreation Activities	3
PE 310	Kinesiology	3
PE 311	Exercise Physiology	3
PE 313	Motor Development	3
PE 319	Adapted Physical Education	3
PE 320	Methods in Early and Middle Childhood Physical Education	3
PE 324	Measurement and Evaluation in Kinesiology	3
PE 390	Fitness / Wellness Applications	3
PETE 322	Field Experience in Physical Education I	2

SFTY 171	Safety and First Aid	1
<b>Total Hours</b>		<b>39</b>

## Students need to select one of the three concentrations:

### Physical Education Teacher Education Concentration (PETE)

Code	Title	Hours
BIOL 131	Human Anatomy and Physiology	4
or BIOL 113 & BIOL 114	General Biology and General Biology Laboratory	
LTCY 421	Content Area Reading in the Middle and Secondary Grades	3
SEC 478	Teaching Physical Education	3
PETE 415	Field Experience in Physical Education II	2
EDU 250	Discover Teaching: Introduction to Teacher Education	3
EDU 260	Classroom Assessment	3
EDU 350	Student Diversity and Differentiation	3
EDU 360	Behavior and Classroom Management in Education	3
PSY 310	Educational Psychology: Development and Learning	3
EDU 489	Student Teaching Seminar	3
ELED 490	Student Teaching	5
MGE 490	Student Teaching	5
or SEC 490	Student Teaching	
<b>Total Hours</b>		<b>40</b>

### Physical Education Teacher Education with Health Education Teacher Education Concentration (PEHE)

Code	Title	Hours
HMD 211	Human Nutrition	3
LTCY 421	Content Area Reading in the Middle and Secondary Grades	3
SEC 483	Teaching Health	3
PETE 415	Field Experience in Physical Education II	2
PH 261	Foundations of Public Health Education	3
PH 365	Human Sexuality	3
PH 381	Public and Community Health	3
PH 461	Comprehensive School Health Program	3
PH 467	Drug Abuse Education	3
BIOL 131	Human Anatomy and Physiology	4
EDU 250	Discover Teaching: Introduction to Teacher Education	3
EDU 260	Classroom Assessment	3
EDU 350	Student Diversity and Differentiation	3

EDU 360	Behavior and Classroom Management in Education	3
PSY 310	Educational Psychology: Development and Learning	3
EDU 489	Student Teaching Seminar	2,3
ELED 490	Student Teaching	5
MGE 490 or SEC 490	Student Teaching	5
<b>Total Hours</b>		<b>57-58</b>

### Physical Education Movement Studies (Non-Certification) Concentration

Code	Title	Hours
BIOL 131 or BIOL 113 & BIOL 114	Human Anatomy and Physiology General Biology and General Biology Laboratory	4
PEMS 426	Physical Education Movement Studies Practicum II	2
PE 497	Advanced Principles of Coaching	3
PE 312	Basic Athletic Training	3
Advisor Approved Electives <sup>1</sup>		21
<b>Total Hours</b>		<b>33</b>

<sup>1</sup> 15 hours must be at 300 level or above. It is highly recommended to earn a certificate or minor. Pre-approved courses include HMD 211, PE 291, SPM 200, REC 2\*\*, REC 3\*\*, REC 4\*\*, PH 2\*\*, PH 3\*\*, PH 4\*\*, EXS 325, EXS 296.

Students majoring in Physical Education are required to meet with their advisor before enrolling for the next semester.

Students must maintain a "C" or better in all coursework for this major. Students in the PETE AND PEHE concentrations must meet all requirements for admission into the teacher education program and be admitted into teacher education prior to registering for PETE 415 . All PEHE majors also need to declare the Health Education minor for certification purposes.

### Finish in Four Plans Movement Studies Concentration

First Year			
Fall	Hours	Spring	Hours
COMM 145		3 MATH 109 or MATH 116	3
HIST 101 or HIST 102		3 ENG 100	3
PH 100		3 BIOL 131, BIOL 113, or BIOL 114	4
Colonnade - Arts & Humanities		3 PE 123	3
Colonnade - Natural & Physical Sciences (not Biology)		3 Major/Minor/Elective	3
			<b>15</b>
			<b>16</b>
Second Year			
Fall	Hours	Spring	Hours
ENG 200		3 ENG 300	3
HMD 211		3 PE 212	3
PE Advisor Approved Elective		3 General Elective or World Language (if needed)	3

PE 111	3 PE Advisor Approved Elective - Upper Division	3
PE 211	3 PE 313	3
SFTY 171	1	
		<b>15</b>

Third Year			
Fall	Hours	Spring	Hours
PH 365 (or other Connections - Social & Cultural)		3 Connections - Local to Global	3
PE 310		3 PE 311	3
PE 291 (or other PE Elective)		3 PE 320	3
PE 390		3 PE 324	3
PE Advisor Approved Elective - Upper Division		3 PETE 322	2
			<b>15</b>
			<b>14</b>

Fourth Year			
Fall	Hours	Spring	Hours
PE 300		3 PE 319	3
PE 312		3 PEMS 426	2
PE Advisor Approved Elective - Upper Division		3 PE 497	3
PE Advisor Approved Elective - Upper Division		3 PE Advisor Approved Elective - Upper Division	3
Major/Minor/Elective		3 Major/Minor/Elective	3
			<b>15</b>
			<b>14</b>

**Total Hours 120**

### Teacher Education Concentration

First Year			
Fall	Hours	Spring	Hours
COMM 145		3 MATH 109 or MATH 116	3
HIST 101 or HIST 102		3 ENG 100	3
PH 100		3 EDU 250	3
Colonnade - Natural & Physical Sciences (not Biology)		3 BIOL 131, BIOL 113, or BIOL 114	4
Colonnade - Arts & Humanities		3 PE 123	3
			<b>15</b>
			<b>16</b>

Second Year			
Fall	Hours	Spring	Hours
ENG 200		3 ENG 300	3
EDU 260		3 PE 212	3
HMD 211		3 PH 365 (or World Language (if needed))	3
PE 111		3 PSY 310	3
PE 211		3 EDU 350	3
			<b>15</b>
			<b>15</b>

Third Year			
Fall	Hours	Spring	Hours
PE 310		3 PE 311	3
PE 291 (or other elective)		3 PE 319	3
PE 390		3 PE 320	3
PE 313		3 PETE 322	2
EDU 360		3 PE 324	3

SFTY 171	1 PH 365 (if not taken earlier)	3
	<b>16</b>	<b>17</b>

**Fourth Year**

Fall	Hours	Spring	Hours
PE 300		3 EDU 489	3
PETE 415		2 ELED 490	5
LTCY 421		3 SEC 490 or MGE 490	5
SEC 478		3	
Connections - Local to Global		3	
Major/Minor/Elective		2	
	<b>16</b>		<b>13</b>

**Total Hours 123****Teacher Education Health Education Concentration****First Year**

Fall	Hours	Spring	Hours
COMM 145		3 MATH 109 or MATH 116	3
HIST 101 or HIST 102		3 ENG 100	3
PH 100		3 EDU 250	3
Colonnade - Natural & Physical Sciences (not Biology)		3 BIOL 131	4
Colonnade - Arts & Humanities		3 PE 123	3
	<b>15</b>		<b>16</b>

**Second Year**

Fall	Hours	Spring	Hours
ENG 200		3 ENG 300	3
EDU 260		3 PE 212	3
HMD 211		3 Connections - Local to Global	3
PE 111		3 PSY 310	3
PE 211		3 EDU 350	3
SFTY 171		1 PE 313	3
	<b>16</b>		<b>18</b>

**Third Year**

Fall	Hours	Spring	Hours
PE 310		3 PE 311	3
PH 261		3 PE 319	3
PE 390		3 PE 320	3
PH 365		3 PETE 322	2
EDU 360		3 PE 324	3
PH 381		3 PH 467	3
	<b>18</b>		<b>17</b>

**Fourth Year**

Fall	Hours	Spring	Hours
PE 300		3 EDU 489	3
PETE 415		2 ELED 490	5
LTCY 421		3 SEC 490 or MGE 490	5
SEC 483		3	
PH 461		3	
	<b>14</b>		<b>13</b>

**Total Hours 127**