

# HEALTH EDUCATION, MINOR (389)

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## Program Requirements (23 hours)

The minor in health education requires a minimum of 23 semester hours. This minor provides a basic foundation for students desiring preparation in health promotion and disease prevention. The minor in health education may be used in combination with many majors to enhance student's career opportunities and as preparation for graduate study in a variety of health disciplines. Completion of the minor along with a teaching certifiable major leads to certification in health education.

Code	Title	Hours
BIOL 131	Human Anatomy and Physiology	4
SFTY 171	Safety and First Aid	1
PH 261	Foundations of Public Health Education	3
PH 365	Human Sexuality	3
PH 381	Public and Community Health	3
PH 461	Comprehensive School Health Program	3
PH 467	Drug Abuse Education	3
Select one of the following (with approval of the academic advisor):		3
PH 385	Environmental Health	
PH 456	Independent Study in Health and Safety	
PH 463	Consumer Health	
PH 465	Health and Safety in the Elementary School	
HMD 211	Human Nutrition	
<b>Total Hours</b>		<b>23</b>

Students utilizing the minor in health education for teacher certification must complete SEC 483, Teaching Health, as a required support course. All courses in the minor must be completed with a minimum grade of "C."