

WORKSITE HEALTH PROMOTION, CERTIFICATE (1707)

Program Coordinator

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Program Objectives:

1. Utilize effective communication techniques with employees and employers including the benefits and consequences of various lifestyle behaviors.
2. Design a worksite health promotion program which will encompass all aspects of health program planning including: Needs assessment, Program planning design, Effective implementation of programs, Evaluation of program for quality and effectiveness
3. Provide worksite opportunities for focused training in disease prevention and health promotion for a healthy and productive working population
4. Demonstrate to management the importance of a supportive environment for successful worksite wellness.

Program Requirements (18 hours)

The certificate program in Worksite Health Promotion requires 18 semester hours and is designed to provide training for students and professionals who have an interest in developing worksite health promotion programs in the private sector. This certificate program will provide a comprehensive skill base for assessment, planning, implementation and evaluation of health promotion programs in a worksite environment.

Code	Title	Hours
PE 100	Fundamentals of Physical Activity	3
ENV 120	Introduction to Occupational Safety and Health	3
HMD 211	Human Nutrition	3
PH 100	Personal Health	3
PH 261	Foundations of Public Health Education	3
PH 402	Worksite Health Promotion	3
Total Hours		18